

TWO HOUSES ONE HOME

Spring 2025

A home away from home so families can focus on what means the most...



Sherita Barkley

52 Nights Stayed

What originally brought you to Ronald McDonald House Charities of ENC?

My twins were born at 29 weeks, and they were admitted to the NICU

Can you tell us about your experience at RMHC of ENC?

It was great. This wasn't my first time there. I was there for a day with my first set of twins, unfortunately they didn't make it out of the NICU. I remember a few faces from that time. From the first day I got there, everyone would always ask how my day was going or how my babies were doing and that felt good. I was always in my head about this situation because of the last set of twins but that kind of put me at ease that complete strangers took the time to make sure we were okay.



32 Nights Stayed

What special memory or story from your time at RMHC stands out?

I met my best friend Tori at the RMH. Her baby was a preemie born the day after my baby. We talked before getting on the shuttle and became best friends. She truly got me through that time. We became best friends and did everything together.

Is there anything else that you would like to share?

From one day to the next, my world was flipped upside down. I was at work on a Monday, and Tuesday I was being flown from Edenton to Greenville. After monitoring me that night, my baby was delivered the next morning at 31 weeks. He then fought for his life for 34 days in the NICU. We were both so close to not making it out of the hospital at all. I'm so thankful for every single doctor and nurse in the NICU for saving my baby and comforting me through what was the absolute hardest time of my life. And to the staff and volunteers at the RMH for allowing me a warm bed to sleep in and always providing us with a hot meal. My husband had to go back to work so I was alone until I met my best friend Tori. I was so scared and felt so alone. I am so appreciative for the RMH.



Sallie Grant and Randy Johnson

93 Nights Stayed

What originally brought you to Ronald McDonald House Charities of ENC?

My son was premature and required a NICU stay. We lived over an hour away and I knew about the Ronald McDonald House because my parents had stayed there when my sister was a child. So when we had the baby it was one of the first things we asked about! The social worker got us all set up!

What special memory or story from your time at RMHC stands out?

It's not one specific memory. But bingo nights really helped my mental health during this stay. I spent a majority of my days worried sick about my son, who was in heart failure and born at only two and a half pounds. But one night a week, several of us would come together in the dining area to eat and play bingo, and for about an hour, we had fun. Then most of us rushed off to our babies, as it was time for night time cares.



TWO HOUSES

Volunteer Opportunities *The heart of our home.*



Individual Volunteers

We have multiple opportunities for individual volunteers! An individual volunteer must commit to at least 2 shifts a month for 6 months.

Different Types of Volunteers

- **V** Baking Volunteer
- **∀** Front Desk Volunteer
- **∀** Family Services Volunteer



Volunteer Groups

Volunteer groups may only consist of 15 individuals or less, and everyone in the group must be over the age of 18. Weekend availability may vary.

Up to 6 people can come to make a meal or host an activity! The minimum age is 12 years old and must be supervised by an adult!



Service from your Sofa!

Unable to volunteer on-site?
We have opportunities for you to
give back from the comfort of your
own home!

- Host a Wish List Drive
- Provide Gloves
- Decorate Onesies
- **♥** Collect Pop Tabs

Learn More ♥ www.rmhcenc.org/volunteer

A message from our President and CEO

Happy Spring, RMHC-ENC family:

What a busy past few months it has been for us at Ronald McDonald House Charities of Eastern North Carolina. This time of year brings all sorts of activities at the house from our Teen Ambassadors preparing for their end-of-year event to the launch of our Sport A Shirt design and sales!

We invite you, our biggest advocates, to join in on all of the opportunities we have for you to get involved in supporting our families. Our volunteers and donors are the heartbeats behind what we have the privilege to do every single day. Visit our website to see all of the ways you can help serve up to 31 families each night!

We plan to be out and about visiting our ENC communities over the next few months! If you see our table and/or tent at one of the many community events we will be attending, stop by and say hello! We would love to see you. As always, we are grateful for each one of you!

In gratitude-

Beth Anne Atkins President and CEO



Sport a Shirt Share a Night May 16, 2025

Our Sport A Shirt, Share A Night fundraiser is a fun and easy way for our community to "sport" a shirt and "share" a night with a family at our House.



We sell these t-shirts throughout our communities in honor of our families and remind everyone that each t-shirt sold means a family is able to stay close to their child.

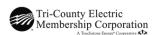




Scan the QR code or go to www.rmhcnec.org/shop! **Purchase Yours Today!**

























Thank you TA Loving!



As part of their Centennial Celebration, the T. A. Loving Foundation is presenting 13 grants this year, and we are honored to be the recipient of one of them!



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You're Invited... To the Pantry Party!

Having a well-stocked home full of amenities truly makes our House a "home-away-from-home" for our families.

Kitchen Items

- **⊌**Individual bags of chips
- ♥Individual crackers packs
- **♥**Individual trail mix packs
- **♥ Pudding cups**
- Fruit cups
- **♥**Cereal
- **♥**Oatmeal and grit packets
- **♥**Cooking oil and spray
- **♥**Sugar
- **Baking mixes**
- **♥**Easy Mac
- **♥**Ramen Noodles
- **♥**Granola bars variety

Household Supplies

- ♥8 & 13 gallon trash bags
- **♥**Scrubbing bubbles
- **♥** Feminine products
- **♥**Paper towels
- **♥**Oxiclean
- ♥Travel-size & full size toiletries
- **♥**Toilet paper
- **♥**Laundry detergent
- **W**Bleach
- **♥**Toilet bowl cleaner
- **♥**To-go containers
- **♥**Ziploc bags

Baby Items

- **♥** Diapers
- Baby Wipes
- Onesies

